**North Forest High School**

**Girls & Boys Cross Country Schedule**

**Fall 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Day** | **Date** | **Time** | **Event** | **Location** |
| Saturday | August 19, 2023 | 8:00am Boys  8:30am Girls | Gary Utecht  Memorial Invitation | North Forest High School  10726 Mesa Dr Houston, Tx 77078 |
| Saturday | September 2, 2023 | 8:00am Boys  8:30am Girls | North Forest/Sam Houston Invitational | North Forest High School  10726 Mesa Dr Houston, Tx 77078 |
| Saturday | September 16, 2023 | 8:00am Boys  8:45am Girls | CCS Warrior Invite | NHW Church 19911 State Hwy 249 Houston, Tx |
| Saturday | September 23, 2023 | 7:50am Boys  8:35am Girls | Soaring Eagle  Invitational | Second Baptist Church  19449 Katy Freeway Houston, Tx 77094 |
| Saturday | October 7, 2023 | 8:00am Boys  8:45am Girls | HISD District Meet | North Forest High School  10726 Mesa Dr Houston, Tx 77078 |
| Monday &  Tuesday | October 23 & 24, 2023 | TBA | Regional Meet | Sam Houston State  Kate Barr Ross Park Huntsville, TX |
| Friday or Saturday | November 3-4, 2023 | TBA | State Meet | Old Settlers Park  3300 E Palm Valley Blvd, Round Rock, TX 78665 |