**North Forest High School**

**Girls & Boys Cross Country Schedule**

**Fall 2023**

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| **Day**  | **Date**  | **Time**  | **Event**  | **Location**  |
| Saturday  | August 19, 2023 | 8:00am Boys8:30am Girls | Gary Utecht Memorial Invitation  | North Forest High School 10726 Mesa Dr Houston, Tx 77078 |
| Saturday | September 2, 2023 | 8:00am Boys 8:30am Girls  | North Forest/Sam Houston Invitational  | North Forest High School 10726 Mesa Dr Houston, Tx 77078 |
| Saturday  | September 16, 2023 | 8:00am Boys 8:45am Girls  | CCS Warrior Invite  | NHW Church 19911 State Hwy 249 Houston, Tx  |
| Saturday  | September 23, 2023 | 7:50am Boys8:35am Girls | Soaring EagleInvitational  | Second Baptist Church 19449 Katy Freeway Houston, Tx 77094 |
| Saturday | October 7, 2023 | 8:00am Boys 8:45am Girls | HISD District Meet | North Forest High School 10726 Mesa Dr Houston, Tx 77078  |
| Monday & Tuesday | October 23 & 24, 2023 | TBA | Regional Meet  | Sam Houston StateKate Barr Ross Park Huntsville, TX  |
| Friday or Saturday  | November 3-4, 2023 | TBA | State Meet  | Old Settlers Park3300 E Palm Valley Blvd, Round Rock, TX 78665 |